What is claimed is:

- 1. An anchor comprising:
 - a center shaft having an attachment end and a piercing end;
 - a first member pivotally coupled to the center shaft; and
 - a second member pivotally coupled to the center shaft.
- 2. The anchor of claim 1, wherein the piercing end terminates in a point or knife edge.
- 3. The anchor of claim 1, wherein the piercing end is removable from the center shaft.
- 4. The anchor of claim 1, wherein the first member and the second member are rotatable between a first position proximate the shaft and a second position orthogonal to the shaft.
- 5. The anchor of claim 1, wherein the attachment end comprises a ring.
- 6. The anchor of claim 5, wherein the attachment end is removable from the center shaft.
- 7. The anchor of claim 1 further comprising a collar slidably disposed on the shaft.
- 8. The anchor of claim 7, wherein the collar further comprises a means for fixing the collar along the shaft.
- 9. The anchor of claim 8, wherein the means for fixing is selected from a group consisting of a threaded member, a clamp and a pin.
- 10. The anchor of claim 1, wherein the first member and second member each include an end that meet to form a point that extends

beyond the piercing end of the shaft when the first member and the second member are in the first position.

- 11. The anchor of claim 1 further comprising a spring that biases at least one of the members away from the shaft.
- 12. An anchor comprising:
 - a center shaft having an attachment end and a piercing end;
 - a first member pivotally coupled to the center shaft;
 - a second member pivotally coupled to the center shaft; and
 - a collar slidably disposed on the center shaft.
- 13. The anchor of claim 12, wherein the collar slidably further comprises a means for fixing the collar in an axial position relative to the shaft.
- 14. The anchor of claim 13, wherein the means for fixing further comprises a threaded member, a clamp or a pin.
- 15. The anchor of claim 12, wherein the first member and the second member are rotatable between a first position proximate the shaft and a second position orthogonal to the shaft.
- 16. The anchor of claim 15, wherein the first member and second member each include an end that meet to form a point that extends beyond the piercing end of the shaft when the first member and the second member are in the first position.
- 17. The anchor of claim 12 further comprising a spring that biases at least one of the away from the shaft.
- 18. The anchor of claim 12, wherein the attachment end comprises a ring.
- 19. An anchor comprising:

- a center shaft having a first end and a second end;
- a ring disposed on the first end;
- a first member pivotally coupled to the center shaft;
- a second member pivotally coupled to the center shaft, the first member and the second member are rotatable between a first position proximate the shaft and a second position orthogonal to the shaft;
 - a collar slidably disposed on the center shaft; and
- a means coupled to the collar for fixing the collar in an axial position relative to the shaft.
- 20. The anchor of claim 19, wherein the first member and second member each include an end that meet to form a point that extends beyond the piercing end of the shaft when the first member and the second member are in the first position.